



Metamorphosis

Do you want to

- Master the capabilities demanded in today's stressful personal and business environments?
- Learn to strengthen interpersonal relationships between peers, superiors as well as personal interactions?
- Manage dynamic and evolving workplace conditions?
- Be better equipped to perform as a problem-solver?
- Develop persuasive communication skills?
- Be a leader who leads from the front?
- Be Confident for your day-to-day dealings?

If you hear yourself say an emphatic "YES", Then a Metamorphosis is what you need to experience.

Metamorphosis is a dynamic power-packed program which empowers you to unleash your true potential, master skills and capabilities you never thought possible and reach the apex of your being. It truly enables chrysalis – the phenomenon synonymous with transformation of a caterpillar to a butterfly. Metamorphosis is a time and people tested program to reclaim your dormant, unutilized capabilities and turn them into your dominant strengths. This program moves far beyond your area of comfort as you reach out and grab ambitious new goals.

Who benefits from this program?

Employees at junior, middle and senior management level. The program is open to anybody who wants to enrich and enhance their life.

Live an extraordinary and complete life with Metamorphosis.

Where does this program help?

Benefits of Metamorphosis:

- Work with renewed vigor and enthusiasm
- Establish harmonious relationships
- Handle challenging relationships with ease and confidence
- Reach out for excellence in personal and professional life
- Build confidence in every sphere of life
- Improve confidence in public speaking
- Master the skill of speaking impromptu
- Crash through your shell
- Freely express your feelings and think on your feet
- Eliminate your negative emotions and be more positive.
- Dispel fear
- Display winning attitude

Pedagogy

The program is extremely intensive, time bound and conducted on an experiential learning framework. Participant involvement, participation and discussion based on the following principle –

- Demonstration
- Emulation & Observation
- Feedback

Program Design and Duration

Metamorphosis is conducted as a 3 day program.

Faculty

Certified Trainers will conduct the Metamorphosis program.